

Dizziness Homework

 <p>Understand BPPV in 1 Minute -Video</p>	 <p>Migraine Webpage</p>
 <p>Brandt-Daroff Exercises -Video</p>	 <p>Common Migraine Food Triggers Webpage</p>
 <p>Canalith Repositioning Right -Video</p>	 <p>What is Vestibular Migraine -Video</p>
 <p>Canalith Repositioning Left -Video</p>	 <p>Migraine and Meniere's disease -Video</p>
 <p>Modified Brandt-Daroff exercises for Lateral Canal -Video</p>	 <p>Migraine Treatment in 1 Minute -Video</p>
 <p>Head Tilt Hopping Exercise -Video</p>	 <p>Teixido Patient Information Webpage</p>

How to use these QR codes: Point your phone camera at the square that corresponds to the content you wish to view.

The square code should be bracketed by your camera. Tap the phone banner that pops up on your camera screen.

Your desired content will then be opened in your phone's internet browser.

M Teixido 2023