

To Parents of our Youngest Patients:

Please note that if your child is coming in for skin testing, there is a prescription anesthetic (numbing) cream called "EMLA" cream that can be used before testing to help your child feel more comfortable. EMLA cream has been used successfully in young children for skin testing.

Please be careful that EMLA cream does not get in the patient's eyes, in open wounds, or on severely irritated skin (such as severe eczema), as this can be irritating. If this happens, flush with water.

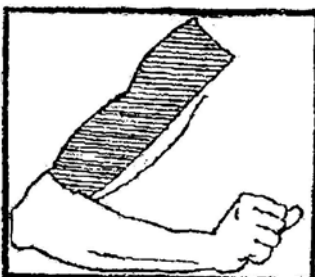
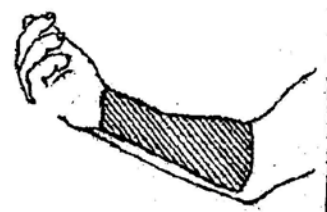
Please note: DO NOT use EMLA cream if;

- Patient is younger than 1 year old
- Patient is allergic to Lidocaine, Prilocaine or any local anesthetic
- Patient with a condition called Met-hemoglobinemia or G-6 PD deficiency

**If you fill the prescription for EMLA cream, please do not follow the instructions included with the package insert. Instead follow these instructions:**

***45 minutes before the scheduled visit:***

With the child's arm extended with palms facing upwards, apply the EMLA cream thickly on both arms from the elbow crease to the wrist. Do not completely rub the cream in, like a lotion. The cream should be applied thickly enough that it appears white on the arm. If it is clear, it is too thin. Mark the borders where the cream was applied with a pen, and then wrap the lower arm in Saran wrap, as shown in the picture to the right.



Next, have the child stand with arms to the sides, (military style), and apply the cream to the outer aspects of both upper arms from the top of the shoulder to the elbow. Again, mark the borders where the cream was applied with a pen, and wrap the upper arms in Saran wrap, as shown in the picture to the left.

*Please call our office at 302-998-0300 if you have any questions before using EMLA cream.*